

(Prozac), citalopram (Celexa), and sertraline (Zoloft)

- B. For all classes of antidepressants, patients must take regular doses for at least six to eight weeks before they are likely to experience a full therapeutic effect
- D. Results of a comprehensive review of pediatric trials conducted between 1988 and 2006 suggested that the benefits of antidepressant medications likely outweigh their risks to children and adolescents with major depression and anxiety disorders
7. Which of the following is a common side effect associated with tricyclic antidepressants?
A. Insomnia and nervousness
B. Headache
C. Nausea
D. Drowsiness during the day
8. The two main types of psychotherapies that have been shown to be effective in treating depression are cognitive-behavioral therapy and:
A. Person-centered therapy
B. Rational-emotive therapy
C. Electroconvulsive therapy
D. Interpersonal therapy
9. A study examining depression treatment among older adults found that patients who responded to initial treatment of medication and psychotherapy were less likely to have recurring depression if they continued their combination treatment for at least two years.
A. True
B. False
10. All of the following are accurate statements about helping oneself with depression EXCEPT:
A. It is important to set realistic goals and separate large tasks into small ones
B. Try spending time with other people and confiding in a trusted friend or relative
C. Remember that positive thinking will replace negative thoughts as depression responds to treatment
D. Realize that often during treatment for depression, one's depressed mood will likely lift before sleep and appetite will begin to improve

Matching

An Evaluation is Required for Each Course:

Please evaluate the course by choosing one of the responses below for each question. This data will help us to improve our program and meet certifying organization requirements. Thank you for allowing **QUE to be your provider.**

- A. Excellent
B. Above Average
C. Average
D. Below Average
11. The extent to which this course met the objectives
12. The adequacy of the author's mastery of the subject
13. Efficiency of course mechanics
14. The applicability or usability of the information for you

15. Website functionality and ease of use
16. Availability of staff member (**does the website provide adequate direction on how to access assistance**)

Short Answer

17. **Please provide us with any additional comments or suggestions that would help us to improve the quality of our program:**
18. **How did you find out about QUE?**