

Motivational Enhancement with Dual Diagnosis Clients

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ **1. Overview**
Those with chronic psychiatric conditions demonstrate particularly elevated rates of co-occurring substance use.
A True **B** False
- _____ **2.** Motivational enhancement refers to a style of clinical interaction designed to engage what type of client in the treatment process?
A Ambivalent **C** Both A and B
B Resistant **D** Neither A nor B
- _____ **3.** Residential treatment programs have been shown to be the most effective long-term treatment programs for dually diagnosed clients.
A True **B** False
- _____ **4. Background for Motivational Enhancement Techniques**
Motivational Interviewing, a client-centered approach, was developed by:
A Miller & Rollnick **C** Aaron Beck
B Prochaska & DiClemente **D** Stanton Peele
- _____ **5.** Health-care providers are frequently in an “action-oriented” state of mind, while consumers entering treatment are frequently contemplating change.
A True **B** False
- _____ **6.** Which of the following **is not** one of the four primary principles that motivational interviewing is based upon?
A Develop discrepancy **C** Roll with Resistance
B Express Empathy **D** Confrontation
- _____ **7. Motivational Enhancement Therapy**
MET is a structured clinical intervention focused heavily on the first principle of Motivational Interviewing-Express Empathy.
A True **B** False
- _____ **8.** MET as a stand-alone treatment is considered sufficient treatment for dually diagnosed consumers.
A True **B** False
- _____ **9. Clinical Guidelines**
During which MET session is the client presented with assessment results?

- A** Feedback
- B** Values Clarification and Decisional Balance
- C** Recapitulation and Change Plan

_____ **10. Considerations and Limitations**

It may be the case that the efficacy of motivational enhancement is inversely related to cognitive deficit such that while useful and effective for mild to moderately disordered clients, ME may be less so for those with acute symptomatology.

- A** True
- B** False

_____ **11. Research with dually diagnosed clients clearly shows that motivational techniques do, in fact, increase the number of treatment appointments attended.**

- A** True
- B** False

_____ **12. Summary**

When treating substance abuse with which disordered population, is it important to make goals and general discussion relate to specifically concrete terms given the general cognitive limitations of these clients.

- A** Schizophrenia
- B** Bi-Polar
- C** Post-Traumatic Stress Disorder
- D** None of the above